

	Republic of the Philippines Department of Health, Regional Office IV-A BATANGAS MEDICAL CENTER Batangas City ISO 9001:2008 CERTIFIED	 
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CYCLE MENU
April 16-30, 2015

☐ **MODIFIED DIET**

 ☒ **ROUTINE DIET**

WEEKDAY	BREAKFAST	LUNCH	SUPPER
MONDAY 27	Pancit Mike Pula Hard Boiled Egg Pandesal Black Coffee	Bulanglang Humba Plain Rice Corn Maja	Patola Guisado w/ Miswa Siomai w/ Toyomansi Plain Rice Candy
TUESDAY 28	Chilli con Carne Plain Rice Black Coffee	Fried Lumpia Lechon Paksiw Plain Rice Nata	Squash Guisado w/ Mike Sinaing Plain Rice Candy
WEDNESDAY 29	Sunny Side up Vienna Sausage Pandesal Black Coffee	Guinataang Langka with malunggay Crispy Pecho Plain Rice Sweet Saba	Cabbage Togue Guisado Fried Plain Rice Candy
THURSDAY 30	Menudo Plain Rice Black Coffee	Kare-kare Bagoong Guisado Lumpiang Shanghai Plain Rice Buco Gelatin	Halaan Soup Sinaing Plain Rice Candy
FRIDAY			
SATURDAY			
SUNDAY			

Prepared by:

EDNA L. CATAPANG, ND V

Signature Over Printed Name

Date: _____

Approved by:

LUIS O. BUÑO JR. MD, MHA, FPCS

Signature Over Printed Name

Date: _____

BatMC-ND-F-019

Effective Date: October 24, 2014

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