

	Republic of the Philippines Department of Health, Regional Office IV-A BATANGAS MEDICAL CENTER Batangas City ISO 9001:2008 CERTIFIED	 
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CYCLE MENU
April 16-30, 2015

☒ **MODIFIED DIET**

 ☐ **ROUTINE DIET**

WEEKDAY	BREAKFAST	LUNCH	SUPPER
MONDAY			
TUESDAY			
WEDNESDAY			
THURSDAY 16	Grilled Burger Preserve Pandesal Coffee/Tea/Juice	Upo Nilaga with pechay Beef Steak Sinaing Plain Rice Sweet Camote	Plain Macaroni Soup Sinaing Tambacol Plain Rice Banana
FRIDAY 17	Poached Egg Pandesal Preserve Coffee/Tea/Juice	Fish Sinigang Plain Rice Coco Gulaman Medley	Bulanglang Sinaing Plain rice Banana
SATURDAY 18	Meatloaf Preserve Pandesal Coffee/Tea/Juice	Chicken Binakol Sinaing Plain Rice Peaches	Spareibs Sinigang Sinaing Plain Rice Banana
SUNDAY 19	Chicken Arroz Caldo with sliced Egg Pandesal Preserve Coffee/Tea/Juice	Squash Guisado Pork Steak w/ Onion Rings Sinaing Plain Rice Gelatin	Upo with ground chicken Sinaing Plain Rice Banana
Prepared by: EDNA L. CATAPANG, ND V Signature Over Printed Name Date: _____		Approved by: LUIS O. BUÑO, JR. MD,MHA, FPCS Signature Over Printed Name Date: _____	

BatMC-ND-F-019

Effective Date: October 24, 2014

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