

	Republic of the Philippines Department of Health, Regional Office IV-A BATANGAS MEDICAL CENTER Batangas City ISO 9001:2008 CERTIFIED	 
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CYCLE MENU
April 01-15, 2015

☒ **MODIFIED DIET**

 ☐ **ROUTINE DIET**

WEEKDAY	BREAKFAST	LUNCH	SUPPER
MONDAY 13	Oatmeal SBE Pandesal Coffee / Tea / Juice	Bulanglang Liver Inihaw Sinaing Plain Rice Melon	Squash with malunggay Sinaing Plain Rice Banana
TUESDAY 14	Chicken Vienna Sausage Preserve Pandesal Coffee / Tea / Juice	Chayote guisado Pork lean adobo Sinaing Plain Rice Gelatine	Chicken Tinola with papaya and sili tops Sinaing Plain Rice Banana
WEDNESDAY 15	Chicken Bola bola with miswa Pandesal Coffee / Tea / Juice	Sinigang na spareribs Sinaing Plain Rice Pine Slice	Beef Bola bola with Upo and miswa Sinaing Plain Rice Latundan
THURSDAY			
FRIDAY			
SATURDAY			
SUNDAY			

Prepared by: EDNA L. CATAPANG, ND V _____ Signature Over Printed Name Date: _____	Approved by: LUIS O. BUÑO, JR. MD,MHA, FPCS _____ Signature Over Printed Name Date: _____
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