

	Republic of the Philippines Department of Health, Regional Office IV-A <b>BATANGAS MEDICAL CENTER</b> Batangas City <b>ISO 9001:2008 CERTIFIED</b>	 
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**CYCLE MENU**  
**April 01-15, 2015**

☒ **MODIFIED DIET**
                         
 ☐ **ROUTINE DIET**

WEEKDAY	BREAKFAST	LUNCH	SUPPER
MONDAY			
TUESDAY			
WEDNESDAY 1	Noodle Soup with Sliced Egg Pandesal Coffee / Tea / Juice	Chayoye Ala chopsuey Liver Inihaw Sinaing na Tulinganan Plain Rice      Melon	Bulanglang Sinaing na Galunggong Plain Rice Banana
THURSDAY 2	Oatmeal SBE Pandesal Coffee / Tea / Juice	Sinigang na Bangus Plain Rice Sweet Camote	Nilaga Upo Sinaing na Malunay Plain Rice Banana
FRIDAY 3	Potato Omellete Pandesal Coffee / Tea / Juice	Chayote Guisado Creamdory in Garlic Sauce Plain Rice Gelatine	Squash with malunggay sinaing na Creamdory Plain Rice Ripe Papaya
SATURDAY 4	Chicken Vienna Sausage Preserve Pandesal Coffee / Tea / Juice	Spareribs Nilaga with sayote and pechay Sinaing na Hiwas Plain Rice      Pakwan	Bulanglang Liversteak Sinaing na Galunggong Plain Rice      Banana
SUNDAY 5	Luncheon meat/Oatmeal Preserve Pandesal Coffee / Tea / Juice	Chicken Tinola with sili tops Sinaing na Hiwas Plain Rice Pine Chunks	Chayote guisado Beef Shao Mai Sinaing na Talisayin Plain Rice      Pakwan
Prepared by: <b>EDNA L. CATAPANG, ND V</b> Signature Over Printed Name Date: _____		Approved by: <b>LUIS O. BUÑO, JR. MD,MHA, FPCS</b> Signature Over Printed Name Date: _____	

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