

	Republic of the Philippines Department of Health, Regional Office IV-A <b>BATANGAS MEDICAL CENTER</b> Batangas City <b>ISO 9001:2008 CERTIFIED</b>	 
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**CYCLE MENU**  
**April 01-15, 2015**

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**MODIFIED DIET**

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**ROUTINE DIET**

WEEKDAY	BREAKFAST	LUNCH	SUPPER
MONDAY 6	Plain Macaroni Soup with Sliced Egg Pandesal Coffee / Tea/ Juice	Bulanglang Liver kebab Sinaing Plain Rice      Pakwan	Beef Almondigas with pechay and sayote sinaing Plain Rice      Latundan
TUESDAY 7	Chicken Arroz Caldo with Sliced Egg Pandesal Coffee / Tea/ Juice	Chicken Nilaga with Potatoes and cabbage Sinaing Plain Rice      Peaches	Pork Lean with Upo and pechay Sinaing Plain Rice      Banana
WEDNESDAY 8	Embutido Preserve Pandesal Coffee / Tea/ Juice	Squash guisado porksteak with Onion rings Sinaing Plain Rice      Nata	Bola bola with miswa and cabbage Sinaing Plain Rice      Melon
THURSDAY 9	Grilled Hotdog Preserve Pandesal Coffee / Tea/ Juice	Chicken Binakol Sinaing Plain Rice Sweet Camote	Chayote ala chopsuey Ground Beef with Potato Plain Rice Banana
FRIDAY 10	Egg with Miswa Pandesal Coffee / Tea/ Juice	Papaya Tinola Paksiw Bangus Plain Rice Gelatine	Papaya with malunggay Sinaing Plain Rice Banana
SATURDAY 11	Hamroll Preserve Pandesal Coffee / Tea/ Juice	Bulanglang Pork Lean Adobo Sinaing Plain Rice      Pine chunks	Upo na may miswa  Sinaing Banana
SUNDAY 12	Hotdog sarciado Preserve Pandesal Coffee / Tea/ Juice	Plain Macaroni Soup Chicken Afritada Sinaing Plain Rice      Sweet Camote	Bachoy with Papaya and sili tops Sinaing Plain Rice      Banana
Prepared by: <b>EDNA L. CATAPANG, ND V</b> Signature Over Printed Name Date: _____		Approved by: <b>LUIS O. BUÑO, JR. MD,MHA, FPCS</b> Signature Over Printed Name Date: _____	

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